

# COMMUNITY WORK OPPORTUNITIES L.L.C.

## QUEST FOR KNOWLEDGE

C.W.O. MONTHLY NEWSLETTER- IMPORTANT EVENTS AND HAPPENINGS AT C.W.O.

3/30/2009 Volume 1; Issue 9

**ATTENTION:**  
**ALL CUSTOMERS AND**  
**SUPPORT PERSONS**

In order to provide a safe environment for all customers, employees and support staff we have placed placards outside of the building to address issues that we have been having problems with. Please adhere to the parking lot rules!! We have also have staff patrolling the parking lot. You will recognize them by the orange/yellow vests that they wear. We have published a formal memo that is available in the office. Please make sure you get a copy of the memo and familiarize yourself with the rules!! Thank you for your assistance and cooperation!!

**UP-COMING EVENTS**

- April 1—April Fools Day!!
- April 9—Easter Egg Hunt
- April 12—Easter
- April 17—**C.W.O. Wild, Wild West Dance!!**
- **EASTER BASKETS ARE NOW ON SALE!! GET YOURS NOW!!**

**G.W.O REPORTERS**

Jane Vermuelen  
Andy Lacis  
Ben Riley  
Greg Marshall

**A FABULOUS VACATION!!**

By: Jane Vermuelen

As you all know by now, my parents took me on a fabulous Jamacian Holiday!! Along with my sister and her husband, we stayed at the Rose Hall Hilton Resort on Montego Bay. The resort is on an old sugar plantation and lies on the fabulous shores off the Carribean Sea. The resort was all inclusive and was also the home of the Sugar Mills waterpark, so the guests who stayed at the resort could go to the water park and pay nothing!! It had 4 pools, including a pool bar, 2 whirlpools, a pool with 2 waterslides and fabulous waterfalls along a lazy river. Boy what fun!!

Here are some pictures...



**C.W.O WILD, WILD WEST DANCE!!**

Y'all come on down and

join us for some wild, wild fun!!

April 17, 2009 6:00pm-8:00pm

Suite 113

Tickets on sale now!!! \$5.00 or

\$7.00 at the door

**JOB SITE CORNER:**

Welcome to the job site corner! Each month we will spot-light a job site or individual that has made great strides in the area of job development or placement. (We have changed the format of the Job Site Corner to reflect the coming month):

**APRIL:**

**Doug Tyl** has been a member of the C.W.O. family since 1987. Doug is hardworking, ambitious and dedicated!! He currently works at our local Pizza Hut and has learned many valuable skills. Keep up the good work Doug, we are very proud to have you as a member of the C.W.O. family!! Keep up the good work!!



**ARIES**

March 21—April 19

**HAPPY BIRTHDAY!!!!**



**“The future belongs to those who believe in the beauty of their dreams”**

**Eleanor Roosevelt**

**MONTHLY MICRO-BUSINESS SPOTLIGHT**

**DE DE SUNDAES**

This business has been in operation for over 5 years. This business provides delicious treats for those extra special occasions. These special “Sundae’s” are available for purchase at C.W.O special events and can also be special ordered. If you would like more information about this business or service opportunities please contact Mary Ellison 734-981-3709.



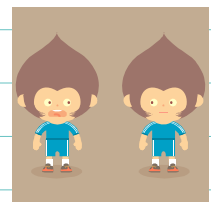
**Easter—Did you know?**

Easter was originally a Pagan festival held by the ancient Saxons to celebrate the return of spring, commemorating their goddess of offspring and springtime—Easter. The rabbit is the earthly symbol of Easter, that also originated from this festival, hence, The Easter Bunny. The exchange of eggs in the spring is also a centuries old tradition, symbolizing the “birth” of spring, hence, the Easter Egg!

**EVERYBODY HAS A TWIN!!**

**By: Ben Riley**

Who do you know that you think you look like the most?? A famous celebrity, an actor or even a pet?? For the most, I knew someone that looked like Rihanna, but does not anymore. I also know someone else that looks like someone from Leo’s Coney Island up by Joann and Dollar Tree. Look around! Maybe you will find your twin!!



**NEWTON’S CORNER:**

Hi Everyone!!

HURRAY!!! SPRING IS HERE!!!! I’m glad to be back visiting my special friends, but now I am going out to play!!!

Woof!!

Newton (Fig Bar) Vermuelen



**SENSORY CORNER**

When someone twirls their hair or yells loudly, people often think it’s just a behavior and will state that the person can stop if they really wanted to. People might also feel that the reason individuals exhibit those actions are because they are spoiled, need discipline, or want attention. Actually, it is likely that it is a behavior that occurred due to poor sensory processing. It is very difficult to separate a behavior from sensory processing dysfunction. If someone isn’t processing information from their environment correctly then maladaptive behaviors can occur. A healthy sensory system is needed in order to develop positive productive behavior. When someone is exposed to overwhelming stimuli (too much noise, too hot, too cold, too bright) in their home, vocational or community environments, the input can generate severe pain. This can result in blowouts, tantrums or meltdowns. We have all had the experience of having too many demands placed on us and knowing how overwhelming that can feel. A repetitive activity, such as twirling their hair or body rocking can then become soothing. Often this calming, coping strategy is mistakenly called self-stimulation or “stimming.” We may want to consider this behavior as a positive move. Wouldn’t we be better off to consider this action as “self-soothing” and recognize that this action is a more proper response to a difficult situation. After all, wouldn’t we rather see someone twirl their hair, suck their finger or stack blocks over and over again, rather than have a meltdown or tantrum. So the next time someone we are working with starts screaming or yelling, look at the environment. Is there too much stimuli in the environment? Is it too loud, too bright or even too smelly?? What can you do to change the environment and make it a more welcoming place for them?